

Math Dance

By Wolf Trap Master Teaching Artist Paige Hernandez

1 circle

2 rolls

Straight as a tree

Chest 1-2-3

Yeah, you got it!

Give me some more

Put your hands on your hips

1-2-3-4!

Now it's time

For the turkey jive

Put your hands on your knees

And spin them for 5

1-2-3-4-5

I'm a champ!

All up in the mix

Let's tap one foot

For a count of 6!

1-2-3-4-5-6

Motorcycles ready! Engines revvin'!

Let's tap the other foot

For a count of seven

1-2-3-4-5-6-7

Dancer's recital

We dance in 8's

Repeat after me

It's gonna be great!

- 1 (head moves)
- 2 (shoulder roll)
- 3 (hands on chest)
- 4 (hands on hip)
- 5 (knees spin)
- 6 (one foot steps)
- 7 (the other foot steps)
- 8 (feet together)

We all win!

Cool down can begin

Let's take our time

And stretch for nine

1-2-3-4-5-6-7-8-9

The math dance ends

Sit next to your friend

On the count of ten!

1-2-3-4-5-6-7-8-9-10!